

# Russian Pedicure

YOUR GOLD JOURNEY GUIDE

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**FAQ** 

# The Gold Online Course is for you if:

- You have zero knowledge and experience and you want to get Internationally Certified and start offering your services to clients immediately after successfully completing the training.
- You are an experienced nail technician who wants to gain or formalize your knowledge on
  the Russian pedicure technique so you can give your clients the confidence that they are
  safely receiving the service from a professionally trained technician.
- You're a certified Russian Manicure nail technician but lack a clear understanding of how to safely and effectively perform a pedicure versus a manicure.
- You want to set up a salon and want to understand and learn the skill and be able to lead your team in providing the Russian pedicure Technique.
- You are an experienced salon owner who wants to upskill and elevate the overall service quality of your pedicures.
- You are an experienced salon owner who wants to offer Russian pedicure as an optional service in the salon to double or triple your profits.
- You want one on one support from one of our Educators to ensure that all your questions
  are being answered and you want to get personal coaching and support for 50+ days.

# The Gold Online Course is **NOT** for you if:

- You're only after the certificate and not truly interested in learning or improving your skills.
- You plan to use tools or techniques that are not taught in the course, which may affect your results and safety.
- You won't take the time to observe closely and learn from the detailed demonstration videos.
- You're expecting a quick-fix course that will instantly make you skilled without practice or effort.
- You're unable to commit at least 2-3 hours a day for the first week of lessons to build a solid foundation.
- You're not open to the idea that this is a skill-based training that requires dedication from both you and your educator to succeed.
- You plan to only complete the 5 required projects without doing additional practice in between, missing valuable opportunities to improve and get guidance.
- You're not willing to ask for help, clarify confusing parts, or communicate about areas where you're struggling.
- You're not ready for professional-level training that not only challenges you but also sets you up for long-term success.
- You're not open to receiving constructive feedback to improve your work.
- You're not genuinely interested in building your expertise and contributing to the growth of the industry.

# What you will get



# INTERNATIONAL CERTIFICATION

Our courses are designed to help you earn a professional certification with international value through its official signatories. Once you meet the standards, you'll receive a certificate that reflects your dedication to the Russian pedicure technique.



# **INCREASED INCOME**

Mastering Russian pedicure lets you offer additional premium services attract higher-paying clients, and boost your income as a top-tier nail technician or salon owner.



# **ACCESS EXCLUSIVE INSIDER TIPS**

Gain insider knowledge and tips from industry experts that aren't widely available. Our courses provide you with unique insights to help you excel in the competitive world of nail artistry.



# ACQUIRE ESSENTIAL SKILLS: START OR UPGRADE YOUR NAIL CAREER

Our courses are designed to provide aspiring nail artists and seasoned professionals alike with the essential skills they need. Whether you're just starting or looking to elevate your services, we have what it takes to help you succeed.



# **BOOST YOUR CONFIDENCE**

Our comprehensive courses not only equip you with valuable skills but also boost your confidence in your abilities. Whether you're starting or advancing in your nail art career, the confidence you gain from our training will shine through in your work, earning you a loyal clientele.



# PURPOSEFUL TIMELINE: ENOUGH TIME TO LEARN THE RIGHT WAY

Enroll today knowing that the course has been thoughtfully designed with skill-building in mind. This isn't about rushing as we've allocated enough time for you to properly absorb the lessons, practice thoroughly, and get the support you need. It's a structured journey built to help you succeed, not just finish fast.

# **Basic Tool Kit**

The Gold Russian Pedicure Online Course includes a Basic Tool Kit upon enrollment. This set contains the 6 essential tools you'll need to perform the Russian pedicure technique effectively and to make your online learning setup more convenient and efficient.



While a **Basic Tool Kit** is included with your course enrollment, additional tools are **required** to fully perform the Russian pedicure technique safely and effectively. These tools are not just "nice to have" but are essential to mastering the skill and achieving professional-level results.

You're free to purchase from your preferred suppliers, but we highly recommend **Nail Central Market**. Why? Because they carry **professional-grade tools** specifically curated for nail technicians who are serious about quality. In this skill-based training, **quality always beats quantity**. Cheap or incorrect tools can affect your results, slow your progress, and even compromise client safety.

Once you're enrolled in the course, you'll get access to a **dedicated lesson that gives detailed guidance** on what to look for in each required tool. For now, refer to the **Tool Checklist** on the next page to ensure you're equipped with what you'll need for the training ahead.



Macro Lens

Styptic Liquid

Nail Dust Vaccum with LED Lamp

# **RUSSIAN PEDICURE**

# TOOLS CHECKLIST

BASIC TOOL KIT - Tools included v	with your enrollment	(no need to purchase separately).				
Removal Bit	Cone Bit (Narrow)	Sanding Cap				
Flame Bit	Cone Bit	Cuticle Scissor				
Round Cylinder Bit	Polishing Bit					
REQUIRED TOOLS - Essential tools with your enrollment and must be p		ussian Pedicure. These are not included /.				
5 Foot Models		Gel Polish - White (opaque/solid)				
Electric Nail File		Gel Polish - Pastel Color (opaque/solid)				
UV/ LED Nail Lamp		Gel Polish - Nude Color (opaque/solid)  Mini Buffer				
Cuticle Pusher	N					
Orange Woodstick		Nail File 180- 320 Grit				
Mini Mandrel & Sanding Bit	F	Alcohol				
Nail Cutter	F	Acetone				
Nail Dust Brush		cicle Remover				
Nail Art Liner Brush	L	int Free Cotton Pads Ory or Water Wipes				
Base Coat						
Top Coat		Gloves				
Gel Polish - Black (opaque/s	olid) F	ace Mask				
Gel Polish - Red (opaque/sol	lid)					
RECOMMENDED TOOLS - Tools t	hat are good to have	e but are not required.				
Sterlization Pouch	E	Barbicide				
Phone Stand	■ F	Pedicure Nail Cutter				

Visit www.nailcentralmarket.com to order your tools using your exclusive RMPH Student Discount.

LED Table Lamp

Towels & Apron

Nail Dust Collector

# Course Outline

The course consists of core modules that cover the key techniques, safety protocols, and practical skills required to perform the Russian pedicure professionally.

#### Introduction

- Terms of Use
- Introduction
- Guidelines
- Course Schedule
- Getting To Know You
- Leaning Objectives
- Tools
- Getting Support
- Understanding Certification
- Live Call Recordings

#### Chapter 1

#### **Professionalism in Practice:**

- Redefining the Image of a Nail Technician
- Offline Professionalism Workspace,

Appearance & Tools

Online Professionalism - Social Media, Branding

& Conduc

- Professionalism is NOT Perfection - Progress

Over Pressure

Community Over Competition - Industry

Mindset Shift

- Ethics & Integrity Doing Things Right, Always
- Professional Communication & Setting

Boundaries

- Building Trust, Reputation & Client Loyalty
- From Knowledge to Action Your Personal  $\,$

Growth Plan

- Assessment - Professionalism in Practice

# Chapter 2

#### Nail Anatomy and Health:

- Understanding Nail Anatomy: A

Comprehensive Guide

- Understanding Nail Health

Contraindications

- Addressing the concern: Is Russian pedicure Safe?
- Assessment Nail Anatomy & Health

#### Chapter 3

## Health, Safety and Hygiene in Practice

- Workspace Setup and Nail Technician's
- Appearance
- Sterilization and Disinfection

#### Chapter 4

# **E-file Training**

- E- file 101
- E- file Bits
- E-file Safety Use
- E-file Maintenance
- Practical Practice: E-file
- Transition to Demonstration Lessons & Book

Your 1:1 Live Coaching Call

#### Chapter 5

#### **Cuticle Care**

- Client Disclaimers and Important Notices
- Important Notes
- Removing Old Gel Polish
- Buffing And Etching
- Pushing The Cuticles
- Cuticle Care Exfoliation
- Cuticle Care Cutting The Cuticles
- Refining the Cuticles
- Shaping The Free Edge
- Degreasing

#### Chapter 6

# **Gel Polish Training**

- Gel Polish 101
- Gel Polish Safety Use
- Understanding Gel Behavior and Application

Techniques

- Assessment - Gel Polish 101

#### Chapter 7

#### **Gel Product Application**

- Base Coat Application
- Gel Color Application
- Top Coat Application
- Refining The Free Edge

#### Chapter 8

#### **Final Touches**

- Exfoliation and Hydration Essentials
- Aftercare

#### Chapter 9

#### **Final Preparations and Guidance**

- Group Live Interactive Practice, 1:1 Live Zoom Call with an Educator (30 mins) & Gold Check-In
- Setting The Right Price For Your Services
- Completion of Online Lessons

#### **Projects**

- Project Submission Guidelines
- Project #1
- Project #2
- Project #3
- Project #4
- Project #5

#### **Evaluation**

Evaluation Results

# **Issuance of Certificate**

Certification

# Course Schedule

RPG OCTOBER 2025 BATCH CALENDAR											
2025	SUN	мом	TUE	WED	THU	FRI	SAT				
0 C T				01	02	03	04 Welcome Call				
о В	05	06	07 Formal Lessons: • Chapter 1 • Chapter 2 Deadline of 1:1 LCS Booking	Formal Lessons: Chapter 3 Chapter 4	Formal Lessons:	Formal Lessons: Chapter 8 Chapter 9	Group Live Interactive Practice				
E R	12	13	14	15	16	17	18 Project 1 Deadline				
	19	20	21	22	23 - 1:1 Live Coaching Week	24	25				
	26	27	28	29	30	31					
2025	SUN	MON	TUE	WED	THU	FRI	SAT				
N O V							01				
E M	02	03 Project 2 Deadline	04	05	06	07	08				
B E R	09	10 Project 3 Deadline	11	12	13	14	15				
	16	17 Project 4 Deadline	18	19	20	21 Gold Check-in	22				
	23	24	25	26	27	28	29				
	30										
2025	SUN	MON	TUE	WED	THU	FRI	SAT				
D E C		01 Project 5 Deadline	02	03	04	05	06				
E M	07	08	09	10	11	12 Evaluation & Calibration	13				
B E R	14	15	16	17	18	19 Certification	20				
N	21	22	23	24	25	26	27				
	28	29	30	31							

# **Important Dates**

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#### Welcome Call

**54** 

# LIVE CALL! 10 - 11AM Philippine Standard Time

The Welcome Call is a live session held before your batch officially starts. In this call, we will walk you through the course structure, important deadlines, and how the entire course will flow. From lessons, to practice, to certification. You'll learn how to use the platform, where to get support, and what is expected from you as a student.

This is also your opportunity to ask questions and prepare yourself properly before starting the lessons.

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#### **Course Lessons**

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Chapters 1 & 2

Chapters 1 and 2 will be published and made available for you to access. You can take them anytime at your convenience, as long as you complete them before the lesson deadline. Additionally, you must book your 1:1 Live Coaching Session by the same day Chapters 1 and 2 are published, as this is the final deadline for booking.

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#### **Course Lessons**

**8** 8

Chapters 3 & 4

Chapters 3 and 4 will be published and made available for you to access. You can take them anytime at your convenience, as long as you complete them before the lesson deadline.

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#### **Course Lessons**

5 **9** 

Chapters 5, 6 & 7

Chapters 5, 6 and 7 will be published and made available for you to access. You can take them anytime at your convenience, as long as you complete them before the lesson deadline.

# · · ·

# Course Lessons

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Chapters 8 & 9

Chapters 8 and 9 will be published and made available for you to access. You can take them anytime at your convenience, as long as you complete them before the lesson deadline.

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#### **Group Live Interactive Practice**

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#### LIVE CALL! 10AM - 12NN Philippine Standard Time

The lessons you have completed are already complete and sufficient, with clear demonstrations of every step. However, we will reinforce your learning through the Group Live Interactive Practice (GLIP). In this 1 to 2 hour live session, your educator will demonstrate the full pedicure process once more, from start to finish, just as shown in the lessons. What makes this session different is that you will have the opportunity to practice along in real time or simply observe while asking questions as they arise. This live practice is designed to help you strengthen your understanding, refine your techniques, and clarify anything you may still be unsure about before moving on to your 1:1 Live Coaching Call and project work.



#### **Project 1 Deadline**

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Project Instructions will be available in the course

You are given ample time to work on your project. Make sure to submit it on or before the deadline, as late submissions will not receive feedback. Feedback for Project 1 will be given during the first 10 minutes of 1:1 Live Coaching Session.



#### 1:1 Live Coaching Session Week

OCT 21-25 LIVE CALL! You can choose your preferred time from the available slots!

This is a short but important session, lasting only 30 minutes and it is designed that way on purpose. The lessons you have completed already provide more than enough demonstrations, and the Group Live Interactive Practice (GLIP) gave you an additional full 60+ minutes live walkthrough.

The purpose of this 1:1 session is simply to focus on your personal concerns, clarify anything you may still be unsure about, and ensure you are ready and confident before starting your project submissions. It is your chance to get individual attention and feedback on anything that may not have been fully addressed during the lessons or GLIP.



#### **Project 2 Deadline**

Project Instructions will be available in the course

You are given ample time to complete this project, but please make sure to submit it on or before the deadline, as late submissions will not receive feedback. Before starting Project 2, it's important to wait for the feedback you'll receive during your 1:1 Live Coaching Session. This feedback will help you identify what to improve and apply those changes correctly in your next project. Be sure to consider the timing of your session when planning and scheduling your next hand model.



#### **Project 3 Deadline**

**§10** 

Project Instructions will be available in the course

You are given ample time to complete this project, but make sure to submit it on or before the deadline, as late submissions will not receive feedback. Before starting Project 3, you must first wait for the detailed feedback from your educator on your Project 2 submission. This is important so you can apply the necessary improvements and continue building your skills correctly. Remember, feedback will be provided within 1 to 3 business days after the Project 2 deadline, so plan accordingly when scheduling your next hand model.



#### **Project 4 Deadline**

Project Instructions will be available in the course

You are given ample time to complete this project, but make sure to submit it on or before the deadline, as late submissions will not receive feedback. Before starting Project 4, wait for the detailed feedback from your educator on your Project 3 submission. This will help you address any areas for improvement and continue progressing effectively. Please remember that feedback will be provided within 1 to 3 business days after the Project 3 deadline, so be sure to factor this in when planning and scheduling your next hand model.



# Gold Check-In

**§21** 

#### LIVE CALL! 10 - 11AM Philippine Standard Time

This live session takes place 5-7 days before your Project 5 deadline and is designed to help you finish strong.

During the Gold Check-In, your educator will go over common areas of improvement noticed across student submissions so far, share helpful reminders and tips for your final project, and answer any last-minute questions you may have.

This is your chance to clarify anything you're unsure about, gain insight from your educator's observations, and feel more confident as you prepare to submit Project 5.

Attendance is highly recommended. This session was added specifically to support you at this critical stage of your journey.



## **Project 5 Deadline**

일 1 Project Instructions will be available in the course

You are given ample time to complete this project, but it is very important to submit it on or before the deadline, as late submissions will no longer be accepted. Project 5 serves as your final evaluation to determine if you have successfully met the course requirements. To support you, we have given a longer deadline for this project compared to the previous ones, This additional time is provided to give you flexibility to fully prepare and, if needed, redo the project before submission. Use this opportunity wisely to refine your work and ensure you are ready for evaluation. Remember to still factor in the 1 to 3 business days feedback window from your previous project when scheduling your model and planning your final submission. Keep in mind that missing this deadline means you will not be able to complete the course or qualify for certification.



#### **Evaluation and Certification**

DEC 12-19 Course Completion Evaluation

After submitting Project 5, you will still receive detailed feedback from your educator within 1 to 3 business days as usual. However, the official result of your course, whether you have successfully completed the course and earned your certification, will be released on the scheduled evaluation day.

Final results will be sent to you via email, along with instructions for your next steps depending on the outcome.

While we aim to follow the schedule as planned, unforeseen circumstances may occasionally require adjustments to dates and deadlines. Any important updates or changes will always be communicated to you, so staying informed is essential to avoid missing anything important.



# Certification

RUSSIAN PEDICURE - GOLD ONLINE COURSE

# Before you decide to enroll, it's important to understand how certification works in this course and more importantly, what it truly means.



# Alongside that, there are many factors that affect how quickly or smoothly a student progresses in this course

- Your background (Have you done any nail work before? Is this your first time using an e-file?)
- Your experience level
- Your learning style
- Your available time and consistency in practicing
- Even your mindset and attitude toward slow or challenging progress

# **About the Certification**

When you finish the course and submit all five required projects, your work will be evaluated against strict but fair industry-level standards.

If you meet the standards, you will receive a Certificate of Completion. This means you are now a Certified Nail Technician in Russian pedicure and are considered ready to work on paying clients.

We will also assign you a Certification Level, which is not a ranking system but a way to help you understand where you are in your journey and what your focus should be moving forward:

# Certificate of Completion

# LEVEL 1

You passed the standards and are certified to work on clients, but there are still areas that need significant improvement to achieve consistency and confidence.

# LEVEL 2

You passed the standards and only need minor improvements; your work is already solid and very close to professional mastery.

# LEVEL 3

You passed the standards and have mastered the technique. Your work is polished, consistent, and performed at the highest level.

While it's great to aim for Level 3, Level 1 and Level 2 are already strong and valid certifications. Most beginners fall under these levels and that's completely normal. Expertise comes with more time, experience, and continuous improvement.

To give you perspective, imagine enrolling in a business course or a social media marketing short course. Even if you finish all the lessons and submit all the requirements, it doesn't automatically mean you'll be ready to run a business or become a digital marketing expert right away. Or even if you took a four-year degree in advertising, that doesn't guarantee you'll immediately be equipped to run expert-level campaigns.

It's the foundation that matters first - understanding the standards, learning proper technique and then with time, exposure, and real-life experience, you gradually grow into the expert level.

# If You Don't Meet the Standards Yet

If your work does not yet meet the certification standards, you will receive a Certificate of Attendance, which simply acknowledges that you completed the course.

You then have two options moving forward:

#### 1. Exclusive Access Course

You may choose to enroll in the Exclusive Access Course, which gives you 30 days of access to the latest and most updated course content. It works like an extension, allowing you more time to review lessons, continue practicing, and sharpen your skills.

This also includes recertification, so once you've made improvements during this period, you can submit your work again to be reevaluated for a higher certification level.

# 2. Independent Practice + Recertification

You may continue practicing on your own, without course access or educator support, and when you're ready, you can apply for recertification separately.

This option is only available to past students, and is ideal for those who prefer to learn independently and apply again later when they feel more confident in their work.

We've designed these options because we understand that this skill takes time, and we want to give you the space and opportunity to grow. Not everyone will get it perfectly on the first try, and that's okay. What matters is that you keep going.

And here's something important to remember:

The standards we've set are intentionally high not to hold you back, but to push you forward. These are the same standards that clients expect from top-tier professionals in this field. By aiming for them, you're not just checking off boxes, you're building a reputation, a skillset, and a career that stands out.

So instead of seeing these standards as something hard to reach, think of them as your next-level advantage. Meeting them means you're ready, not just to get certified, but to earn trust, respect, and success in a highly competitive industry.

# Certification is not just handed out-it's earned!

www.russianmanicure.ph

# What You <mark>Won't</mark> Learn in This Course—An<u>d Wh</u>y

This course has been carefully and intentionally designed to build your foundation in the Russian pedicure technique. That means there are some things we won't cover, and that's on purpose.

# You will **NOT** learn:

- How to do nail reconstruction
- How to fix a broken or severely damaged nail
- How to apply nail art or design work

Why? Because we don't believe in teaching everything all at once.

The Russian pedicure is an advanced, detail-focused technique on its own. If we added repairs or nail art into the mix, it would not only be overwhelming, it would dilute your focus from what truly matters: mastering the fundamentals.

This course is scientifically and practically designed to help you:

- Build real skill, not just watch tutorials
- Focus on technique, precision, and safety
- Set a solid foundation whether you're a beginner or already have nail experience

Once your foundation is strong, you'll be more than ready to take on advanced skills later. But for now, we keep it simple, focused, and effective so you actually learn, not just rush.

# Your Investment

Before joining this course, it's important to understand what you're truly investing on and why each part matters. There are three key areas of investment in this journey:

01.

# Your Enrollment Fee

The Gold Russian pedicure Online Course is currently priced at ₱15,000 (prices vary per payment plan).

As of today, this includes access to the full course for 50+ days, a Basic Tool Kit, and personalized support from our educators throughout your learning period.

The course is continuously being improved and updated with the latest tools, techniques, and best practices. With every major update, a price increase is inevitable, so if you're ready to start, now is the best time to lock in this rate.

# All Three Work Together

02.

# **Your Tools**

While your enrollment includes a Basic Tool Kit, additional tools are required to perform the Russian pedicure completely and safely.

Depending on what you already have or if you're starting from scratch, you can expect to invest an additional ₱3,000 to ₱15,000. These tools are essential to your progress. You're free to purchase them from any trusted source, but we recommend Nail Central Market, which offers professional-grade tools curated specifically for nail technicians like you.

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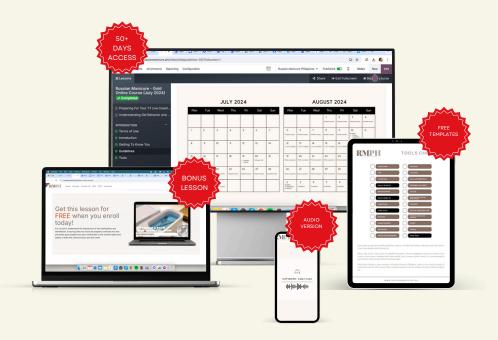
# Your Time, Effort, and Focus

This is your most important investment.

No amount of tools or lessons can replace the value of consistent practice, full attention, and honest effort. This is a skillbased course, and real progress will only come from how much time you dedicate, how closely you observe and apply what you learn, and how open you are to feedback and improvement.

We've structured the course to give you ample time to go through the materials and complete your projects. But that time will only work in your favor if you show up and put in the work.

Your enrollment, your tools, and your commitment are all equally important. Leave one out, and you'll fall short. But invest in all three and you'll come out not just certified, but skilled, confident, and ready.



# **COURSE DETAILS**



Duration: 50+ days



Course Starts: October 18, 2025



4 Live Calls up to 270 mins total



50+ Lessons & Demonstrations



3 Assessments



# Enroll now, Pay Later

# PLAN A PHP <u>15,000</u>

 Full payment upon enrollment

# PLAN B PHP 16,000

- Two installments
  - 1st Payment: PHP8000 Upon enrollment
  - 2nd Payment: PHP8000 due after 30 days

# PLAN C PHP 17,000

- Four installments
  - 1st Payment: PHP3500 Upon enrollment
  - 2nd Payment: PHP4500 due after 15 days
  - 3nd Payment: PHP4500 due after 15 days
  - 4th Payment: PHP4500 due after 15 days

# PLAN D PHP 20,000

- Five installments
  - 1st Payment: PHP 4000Upon enrollment
  - 2nd Payment: PHP 4000 due after 10 days
  - 3rd Payment: PHP 4000 due after 10 days
  - 4th Payment: PHP 4000 due after 10 days
  - 5th Payment: PHP 4000 due after 10 days

<sup>\*\*</sup>Availability is limited and depends on your enrollment date.

# **Frequently Asked Questions**

# I am a newbie. Is it a good idea to start learning pedicure instead of manicure?

Yes, it can be! While most beginners start with manicures, there's no rule that says you must. If you're more interested in foot care or see more demand for pedicure services in your area, starting with pedicure is a valid choice. Just keep in mind that pedicure work, especially Russian-style, is more advanced in terms of safety and requires attention to health risks like fungal infections, wounds, and sensitive skin conditions. If you're completely new, be prepared to take your time, practice responsibly, and follow every safety protocol. We'll guide you step by step.

And if you're torn between the two, remember this—there's no better route than to simply start. Choosing one and getting started is always better than doing nothing at all.

# I am a Russian Manicure certified nail tech. Will this course still benefit me?

Yes, absolutely. While you may already have a strong foundation in manicure, the Russian Pedicure Gold Online Course focuses specifically on the unique anatomy, safety concerns, and techniques involved in foot care. Pedicure work presents different challenges, such as thickened nails, skin buildup, and common foot conditions. This course will help you expand your skills, deepen your understanding of safe pedicure practices, and confidently offer a high-level service that complements your manicure expertise. Even experienced nail techs gain new insights from this training.

# Can I take both Russian Manicure and Russian Pedicure courses at the same time?

We don't recommend taking both the Russian Manicure and Russian Pedicure Gold courses at the same time. Each course is intensive and requires full focus, consistent practice, and attention to detail. Trying to do both simultaneously may overwhelm you and affect the quality of your learning. It's best to complete one course first so you can fully absorb the lessons, build your confidence, and get certified before moving on to the next. Prioritize mastery and your future clients will thank you for it.

# Frequently Asked Questions

# How can I enroll in your courses?

To enroll, simply visit our website at <u>www.russianmanicure.ph</u>.

- 1. Go to the Courses page
- 2. Select the Russian pedicure Gold Online Course
- 3. Fill out the form to submit an application for enrollment

# Why is there an application process? Why do I need to apply to enroll in the Gold Course?

We've introduced an application process for the Gold Russian Pedicure Course because of the high number of interested students and the limited slots available per batch. This process allows us to allocate those slots to students who are most ready and committed to complete the course successfully.

The goal is to match with those who are truly aligned. The Gold Course is intensive and requires time, effort, and focus. We want to make sure that:

- You're enrolling in the right course for your current level and goals
- You'll be able to fully commit to the training
- You're positioned to make the most out of the experience

Screening applicants helps us support our students better and maintain the quality of learning for each batch.

Please note: Being accepted into the course doesn't guarantee certification, as this will still depend on your performance, practice, and ability to meet the course requirements. But it does mean we believe you have the potential to succeed and we want to give you the opportunity to prove it.

# What are the payment options?

- Credit card or debit card (through Paypal)
- PayPal
- Online banking / digital banking
- E-wallets, such as Gcash, GrabPay, and ShopeePay

If you would like to enroll using an installment option, please reach out to us through chat so we can assist you with the process.

# How does the Enroll Now, Pay Later option work?

The Enroll Now, Pay Later option lets you break down your enrollment fee into smaller payments, with plans available in two, four, or more installments depending on your batch and selected payment option.

Once your application has been approved, an enrollment specialist will assist you and provide the exact payment plan and due dates based on your chosen batch.

After settling your initial payment, you'll receive access to the Introduction Section of the course within 1 - 2 business days. This allows you to set up and prepare before diving into the full course.

With our updated installment plans, you can now continue progressing through the course while completing your payments. The Basic Tool Kit will be shipped out once you are officially enrolled and have provided all the required details.

# What happens if I miss a due date or a payment on my installment plan?

If you miss a scheduled payment or due date, your course access will be forfeited and your enrollment will be cancelled.

To protect the limited slots available per batch and ensure fairness to other applicants, we strictly follow the installment schedule. We highly recommend keeping track of your due dates and settling payments on time to avoid any disruption to your access or progress in the course.

# Can I change my payment plan after enrolling?

No, once a payment plan is selected and agreed upon, it cannot be changed. Please choose the plan that best fits your financial situation at the time of enrollment.

# Is the initial payment refundable if I change my mind?

No, the initial payment or down payment is non-refundable.

This is because of the nature of the training being online, once the initial payment is settled, you immediately gain access to course materials, which makes it non-refundable. We recommend applying only when you're sure you're ready to commit.

# Are there any additional fees apart from the enrollment and tools?

No hidden fees. The only costs are your enrollment fee and the additional required tools (outside the Basic Tool Kit). Shipping fees for tools may apply depending on your location.

# Can I pause my payments or defer my enrollment?

We currently do not allow payment deferrals or pausing of enrollment. Your payment schedule is fixed once you are enrolled and must be followed accordingly.

# Can I re-enroll if my enrollment was canceled due to missed payments?

Yes, but you'll need to reapply for the course, and your previous slot will not be held. You may also be required to pay the full amount upfront in your next enrollment.

# Will I still get the Basic Tool Kit if I'm on a payment plan?

Yes, you'll still receive the Basic Tool Kit even if you're on a payment plan. It's included in your enrollment as long as you've made the initial payment and submitted all the required details.

# When will my Basic Tool Kit be shipped out?

Your Basic Tool Kit will be shipped out once you've made the initial payment and provided all the required details.

# I'm an international student. How will my Basic Tool Kit be shipped?

We do ship to international students! However, please note that additional shipping fees will apply depending on your country. Our team will coordinate with you to arrange the best shipping option available.

# I already own some of the tools included in the Basic Tool Kit. Can I get a discount?

The Basic Tool Kit is automatically included in the course and is not eligible for discounts, even if you already own similar tools.

Because many of the tools are single-use or must be properly sterilized after each use, it's actually helpful to have extra sets on hand. We encourage you to use them as backups or dedicate them specifically for course projects and practice.

# I have a full-time job and a busy schedule. Will this course still work for me?

Yes. Many of our students have full-time jobs or other commitments. What matters most is your ability to intentionally schedule time to go through the training and give the course the focus it deserves.

During the first week of the course, you'll likely need to allocate around 2 to 3 hours per day to complete the core lessons. It's also important that you attend all of the live calls as scheduled in the course calendar to stay aligned with the program.

As you move into the project and practice phase, you'll be given enough time in between projects to complete them but make sure to submit on or before the deadlines.

We recommend setting aside 2 to 3 hours of focused practice, at least 2 to 5 times per week, especially while working on your projects. This consistent effort is key to:

- Building muscle memory
- Improving technique and control
- Encountering challenges that you can ask for support on while you're still enrolled

The course is designed to guide you through each step while giving you enough time to absorb, apply, and practice what you've learned as long as you're intentional with your time.

# Why do I need to practice 2-3 hours at least 2-5 times per week? Aren't the 5 projects enough?

The 5 projects are important, but they are not meant to be your only practice.

Think of the projects as checkpoints, not the full journey. They're there to evaluate your progress, but what really builds your skill is the consistent practice you do in between. Practicing 2 to 3 hours, at least 2 to 5 times per week, gives your hands the repetition needed to develop muscle memory, improve control and precision, and build confidence in real-world scenarios.

This consistent effort is key to:

- Building muscle memory
- Improving technique and control
- Encountering challenges that you can ask for support on while you're still enrolled

The course is designed to guide you step by step, while giving you enough time to absorb, apply, and practice what you've learned as long as you're intentional with your time. Real progress comes from repetition, reflection, and refining your work, not just submitting projects.

# What if I can't attend the live calls?

We highly recommend attending all live calls, as they're incredibly beneficial for your learning. These sessions give you the chance to ask questions in real time, receive direct feedback, and connect with fellow students.

The Live Welcome Call, Group Live Interactive Practice, and Gold Check-in are recorded and usually uploaded to the course platform within 1 to 3 business days after the session, so you can still review the material if you miss it.

We encourage you to attend all sessions live whenever possible, especially your one-on-one coaching, as this is your best chance to get tailored feedback and support from your educator.

# What if I haven't finished the lessons by the deadline?

The course is designed with purpose and structure and that includes the lesson deadlines. These deadlines are in place to ensure that you've completed the core lessons before the Group Live Interactive Practice, so you can actively participate, understand what's being discussed, and get the most out of the session.

We understand life gets busy, but we want to be honest:

What's the point of enrolling in a professional training if you're not going to make the most out of it?

We're here to support you, but your progress is entirely in your hands. The structure is there to guide you. You just have to follow through.

# How can I make the most out of this training?

To get the best results, we strongly recommend:

- Focusing on each lesson and carefully following the techniques demonstrated. Don't rush, observe closely and apply what you see.
- Practicing consistently. Just like athletes train daily to refine their skills, mastering Russian pedicure requires dedication and repetition. The more you practice, the more confident and precise you'll become.

- Applying feedback from your educator before moving on to the next step. Your growth depends not just on practicing, but on refining your technique based on what you learn.
- Communicating openly and regularly with your educator.

We can only support you if you tell us where you're getting stuck. Whether you're unsure about a technique or having trouble with a specific part of the process, always reach out and ask questions.

Silence limits support while communication is key to progress.

This is a skill-based training, and learning a skill takes time, effort, and active involvement. The more you practice and communicate, the more you'll get out of this course.

# How do I get support or feedback from an educator?

If you need help or have questions during your training, support from an educator is available to you while you're enrolled in the course.

To get feedback or raise a concern, simply head to the Contact Us page on our website to submit your inquiry. This will allow you to open a direct line of communication with our team.

If your question is technique-specific, we highly recommend including photos or videos of your work so the educator can provide detailed, customized feedback tailored to your progress.

You can expect a response within 1 to 3 business days after submitting your inquiry.

In addition, you'll be given access to other support channels during your course period. You're welcome to use and engage with these platforms to ask questions, share updates, and connect with educators and fellow students.

# How long can I get support from an educator?

You can access educator support from your official course start date up until your evaluation and certification date. This is your dedicated support window so make the most of it by staying engaged, practicing consistently, and reaching out when you need help.

# Can I ask follow-up questions after receiving feedback?

Absolutely. If you need further clarification on the feedback given, you're welcome to respond with follow-up questions. We encourage back-and-forth communication so you can fully understand what needs to be improved.

# What if I don't get a reply right away?

We aim to respond within 1 to 2 business days, but during peak periods, there may be slight delays. Rest assured, every message is reviewed and will receive a response. We appreciate your patience and recommend sending one clear message with all details to avoid delays.

# Can I message my educator directly through social media or personal accounts?

No. All support must go through the official support channels provided in the course (e.g., Contact Us form or designated platform). This ensures your request is properly tracked and answered within the promised timeframe.

# Will the educator check my practice work even if it's not part of a project?

Yes. If you send your practice work (with photos or videos) through the support channels while you're still enrolled, the educator can provide feedback. We encourage sharing your practice regularly to get guidance as you go.

# What if I need help but I'm not sure how to explain the problem?

That's totally okay! Try to describe what part you're struggling with as best as you can, and send a photo or video if possible. Even a short clip can help your educator understand what's going wrong and guide you properly.

# Are all five projects graded?

Only Project 5 is officially graded for certification.

Projects 1 to 4 are considered practice projects and progress checkpoints. They allow the student and educator to work together to identify areas for improvement, build skill, and prepare for the final project.

# What if my Project 5 failed, but my Project 4 was perfect? Can Project 4 be graded instead?

Unfortunately, no. We follow a structured certification format, and only Project 5 is evaluated for certification purposes.

Each project is designed with different technical components and challenges. This ensures that all students are assessed fairly and consistently, based on the same requirements and criteria. Allowing a different project to be graded would not reflect the same standard we apply across the board.

# What if I submitted my project, but the requirements are incomplete?

If your submission is missing any required components, you will be asked to resubmit with the complete requirements.

To avoid delays or missed evaluations, it's always best to double-check the instructions and checklist before submitting your work.

# What if I'm not able to submit my project on time?

Projects submitted after the deadline will not receive detailed feedback from an educator.

One of the most valuable parts of this course is the customized feedback you receive. It's designed to help you improve in real time. Something you won't get from most other programs. To take full advantage of this, we strongly recommend submitting on or before the deadline.

# Can I revise and resubmit my project if I don't pass?

Project 5 is designed to give you more time and flexibility so you can submit your best work.

You're encouraged to redo and refine your work as many times as needed, but please make sure to only submit the version you believe is your best.

Whatever you submit for Project 5 will be considered your official final work and will be the one evaluated for certification.

Take your time, use the feedback from earlier projects, and aim to submit confidently before the final deadline.

# How will I know what to include in each project?

Once all project instructions are published, you'll have access to detailed guidelines for each project. These will clearly outline what's required including technical focus, specific steps, photos or videos to submit, and any other criteria needed for evaluation.

Make sure to read through the instructions carefully before starting or submitting each project to avoid missing any important requirements.

# Do I need a model for each project?

Yes. Since the course is based on performing a full Russian pedicure, working on a real model is required for all projects. The model must meet the conditions outlined in the project instructions. Practicing on a variety of models is also encouraged during training to gain confidence with different nail types.

# Can I submit all my projects at once?

Yes, you can submit all your projects at once if that's what your schedule allows. Submitting all your projects at once is better than not submitting at all. If you don't submit your projects, you won't be able to complete the course and will be considered an undergraduate.

However, we don't recommend it.

The course is designed for step-by-step learning, where each project builds on the last. Submitting one project at a time allows your educator to give feedback and guidance, which you can then apply to improve in the next project. Submitting everything at once removes the opportunity for progress and real growth, which is what the course is all about.

To get the most out of your training, we strongly recommend following the intended timeline and using each project as a chance to improve.

# How long do I have access to the course?

The Gold Course includes 50+ days of access starting from your official course start date. For the exact number of days and important deadlines, please refer to the Course Calendar provided to you once enrolled. This will help you stay organized and ensure you make the most of your learning period.

# Why is course access limited? Why not offer lifetime access?

This is a skill-based training, not just a content-based course. It's been scientifically and practically designed to help students stay focused, apply what they learn, and build real skill within a specific timeframe.

While learning a skill takes time, it doesn't take a lifetime to learn the Russian pedicure technique but it does take dedication, focus, and consistent practice.

Giving lifetime access often leads to procrastination and poor results. We've found that students are more likely to commit, follow through, and succeed when there's a clear timeline. That's why we've structured the course this way.

This is also why we do a screening process before enrollment to ensure each student can realistically commit the time and focus the course requires.

No, you don't need lifetime access.

What you do need is to give your 100% attention, energy, and focus during the time you're enrolled and you'll be surprised at how much you can accomplish.

# Can I extend my access if I need more time?

Yes, if you need additional time, you can choose to enroll in our Exclusive Access Course, which grants you 30 extra days of access to the course content but please note the following important details:

- This is not an extension to continue working on multiple projects.
- The Exclusive Access Course allows for one final project submission only, which will be used for your certification evaluation.
- You will no longer have access to educator support during this period. This means no feedback, guidance, or communication with your assigned educator.

This option is ideal for students who were unable to complete the course within the original access period, but still want the chance to submit one project for evaluation.

We highly recommend making the most of your initial enrollment, which includes full access to lessons, support, feedback, and multiple projects designed to help you improve. The Exclusive Access Course is a fallback option, not a replacement for the full experience.

To request enrollment in the Exclusive Access Course, please contact Student Support via the Contact Us page.

# What happens after my course access ends?

Once your access period ends, you'll no longer be able to view lessons, submit projects, or receive educator support. This is why it's important to follow the course calendar, complete your projects on time, and communicate regularly if you need help along the way.

# Can I download the lessons to keep?

No, the video lessons and materials are not downloadable to protect the integrity of the course content. However, you will have access to some PDF guides, instructions, and templates for your personal use while enrolled.

# Can I still access support after my course access ends?

No. Support from your educator is only available during your active enrollment, which runs from your official course start date until your final certification date. Once your access ends, support is no longer provided unless you're re-enrolling or qualifying for recertification.

# What if I don't log in for several days, will I lose my progress?

No, your progress will be saved. However, your access countdown continues regardless of how often you log in, so we encourage you to stay consistent and avoid falling behind.

# What if something unexpected comes up during my access period?

We understand life happens. If a genuine emergency or unavoidable conflict affects your ability to complete the course, we recommend contacting us as early as possible. In some cases, we may be able to offer an adjusted plan or recommend our recertification path in the future.

# What if I need more time to improve?

We understand that mastering a technique takes time, so we offer two options for students who need more time after completing the course:

# 1. Exclusive Access Option:

This option gives you 30 more days of access to the course. You'll also have the recertification option, which allows you to:

- Work on another project
- Submit it for evaluation
- Receive detailed feedback and a new evaluation for certification

Note: While this option does not include direct support from an educator, you'll still get comprehensive feedback on your recertification project to help you continue improving.

# 2. Self-Study and Self-Improvement Option:

If you prefer a more independent approach, you can take the time to focus on self-study and working on areas of improvement. When you feel ready and have worked on your skills, you can apply for recertification to have your work reevaluated and potentially earn a higher level of certification.

We've designed the recertification option because we acknowledge that learning this technique takes time. We don't want to close doors for students who may need more practice to meet the required standards. We understand that the initial investment of time, effort, and money has already been made, and we believe that with time and experience, you can achieve mastery.

# How does certification work in this course?

To get certified, you must meet the required standards by passing Project 5, which is your official evaluation project.

If your work does not meet the minimum standard for certification, you will still receive a Certificate of Attendance. This is issued to acknowledge that you completed the training, and is a fair and transparent way to reflect your current skill level at the end of the course.

# What are the different levels of certification?

There are three levels of certification, based on the evaluation of your final project. All levels indicate that you've passed the course and are certified, but each level reflects where you are in your skill development:

- Level 1: You passed the standards and are certified to work on clients, but there are still areas that need significant improvement to achieve consistency and confidence.
- Level 2: You passed the standards and only need minor improvements; your work is already solid and very close to professional mastery.
- Level 3: You passed the standards and have mastered the technique. Your work is polished, consistent, and performed at the highest level.

These levels are not rankings, they are designed to help you understand where you are in your journey and what your next steps might be if you wish to keep growing.

# Is this an internationally recognized certification?

Yes, this course issues an international certification.

Russian pedicure Philippines is an organization with an educator who is certified to issue international certifications, with an official signatory from Ufa, Russia, under an organization called Mozhzheri. This recognition allows us to issue certificates that reflect international training standards for the Russian pedicure technique.

That said, it's important to understand the following:

- While this is an internationally recognized certification, it is not issued by a government licensing agency.
- The Philippine government currently has no licensing requirements for nail technicians, which means there is no such thing as a "government-licensed" nail tech in the Philippines at this time.
- In some countries, additional licensing may be required to legally offer nail services. Our certificate does not replace any formal government license required by local health departments or cosmetology boards.

We always recommend that international students check with their local authorities to ensure they meet all legal requirements to practice professionally in their area.

Our certificate is widely accepted by salons, clients, and industry professionals around the world as proof of high-quality, structured training in the Russian pedicure technique.

# If I'm a complete beginner, what kind of certification should I expect?

That's a great question, and the honest answer is, it depends.

Being a beginner alone doesn't determine your certification outcome. There are many factors that influence your success, including:

- Your learning style
- How well online learning works for you
- The time and effort you're able to commit
- Your consistency and how closely you follow the lessons and recommendations
- The amount of intentional practice you do in between projects

That said, we've had many complete beginners (even those with zero pedicure experience) receive a Certificate of Completion with practice, dedication, and full focus. It's not guaranteed, but it's absolutely possible.

# Does Level 3 mean I was the best student in the class?

No. The certification levels are not a ranking system.

This course does not compare students or determine who did "best." The levels reflect the stage of skill development you're currently in, not your potential or future capability.

Learning a skill like Russian pedicure is a process, and 50+ days may be enough for some and not quite enough for others. That's okay. What matters is that you're on the path, and the certification level simply helps you see where you are in that process.

# Will the certificate say "online course"?

Yes. The certificate clearly states that you have completed the Russian pedicure Gold Online Course.

It includes your full name, the course title, your certification level (if applicable), and the issuing body, Russian pedicure Philippines.

This transparency is intentional and reflects the integrity of our training, while the course is conducted online, it includes structured deadlines, educator support, live coaching, project-based evaluation, and strict standards for certification.

# Can I recertify later if I want to improve?

Yes! We offer a Recertification Option, which is a paid opportunity for students who want to be re-evaluated after taking time to improve their skills.

We've structured our courses with the understanding that skill building takes time and we don't want it to be a dead end for students who didn't meet the certification standards during their initial access.

Unlike traditional schooling, you don't need to retake the entire course. Instead, you have two paid options:

- 1. Exclusive Access Course This gives you 30 days of extended access to the course content. It's ideal if you feel like reviewing the lessons again will be helpful. It includes one final project submission for certification evaluation, but does not include educator support.
- 2. Recertification Option This is for students who want to personally work on their improvement after the course has ended. You can apply to be re-evaluated once you feel confident in your progress, without having to retake the full course.

Both options are there to support your growth and give you another chance to get certified, depending on what suits your learning path best.

# When will I receive my certificate?

Your certificate will be issued 7–10 business days from your evaluation date, as specified in your Course Calendar, provided that you have submitted all projects and completed all course requirements.

## What kind of certificate is issued?

As this is an online course, students are issued a soft copy (digital) certificate. This is the official certificate that confirms completion and certification based on your performance and level.

# Can I request a physical certificate?

Yes. While the official certificate included in your course is a digital soft copy, we offer the option to request a printed certificate as a token of appreciation, provided that you are able to personally pick it up from our office.

If you would like to request a printed copy, please contact Student Support and submit your request at least 5 to 7 business days in advance so we can prepare it for you.

# Important Note:

If the certificate will be claimed by someone else on your behalf, this can be done with a signed authorization letter. Please reach out to Student Support in advance to advise us and coordinate the process.

# I have a salon and want all my nail techs to be trained by RMPH. Do you have special pricing?

We're delighted to hear that you've discovered us! We're thrilled to collaborate with salon owners because it allows us to train more nail technicians simultaneously, aligning with our goal of elevating the nail industry swiftly. Indeed, we offer special pricing for salon owners. Please get in touch with us via email, and one of our Enrollment Specialists will reach out to you promptly.

# I am a salon owner and will enroll my staff. Can the certification be issued under the name of the salon?

Certifications are always issued under the name of the student, as the course is designed to certify individuals, not business entities.

However, if the enrollment is being handled by the salon and you're enrolling your staff, we can include the business name alongside the student's name in the following format: Student Name – Business Name

This allows for recognition of both the individual's achievement and the salon they are affiliated with, while maintaining the integrity of personal certification.

To request this format, please inform Student Support at the time of enrollment.

# Can certifications be revoked?

Yes. As stated in the student contract, Russian pedicure Philippines (RMPH) reserves the right to revoke any issued certification if a student is found to be in violation of course policies, ethical guidelines, or professional standards set by RMPH.

Grounds for revocation include, but are not limited to:

- Misrepresentation of the certification
- Offering Russian pedicure services without proper authorization (e.g., Certificate of Attendance holders claiming full certification)
- Sharing course materials or proprietary content without permission
- Use of unsanitized tools or violations of hygiene and safety protocols, which are the equivalent of industry best practices for safe service
- Engaging in behavior that harms the reputation of RMPH or undermines the integrity of the certification process
- Consistently performing poor-quality work that no longer meets RMPH's minimum standard, even if the student met the criteria at the time of certification

RMPH reserves the right to randomly inspect or review the public work of previously certified students (e.g., posted online or reported to RMPH) to ensure that standards are being upheld. Certification is granted based on a student's demonstrated ability to maintain the quality, safety, and professionalism expected of an RMPH-certified technician.

In the event of revocation, the student will be notified in writing with a clear explanation of the reason. Once revoked, a certificate cannot be reinstated, and the individual will no longer be recognized as certified by RMPH unless they reenroll and meet all requirements again.

# Can I still get certified if I only finished some parts of the course?

No. To be certified, you must complete all required lessons, assessments, and submit all five projects, which will be evaluated by your assigned educator.

Partial completion of the course or skipping any part of the process does not qualify you for certification, even if you feel confident in your skills.

Our system allows us to track your course progress and completion, so it's important that all lessons and assessments are properly marked as completed to be eligible for certification.

# What if I strongly disagree with the certification level I was given?

We understand that receiving feedback, especially after all the hard work, can feel challenging. Please know that your evaluation is based on a rubric, which is a clear set of criteria used to assess your work fairly and consistently. This ensures that all students are evaluated using the same standards.

To help you understand the process, mock scorecards are provided during Projects 1 to 4. These give you a preview of the key areas you'll be evaluated on so you know what to work on and improve along the way.

A final scorecard is issued during your Project 5 evaluation, showing how you were scored across those same areas.

If you have any questions or would like to discuss your results, we encourage open communication. Feel free to reach out to your educator for feedback or clarification. We're here to support your growthnot just certify you.

# Can I use my certificate for job applications or salon employment?

Yes. Many of our students have successfully used their RMPH certification to gain employment, attract clients, or establish their own businesses. However, always check with the employer or region you're applying in to confirm whether additional licensing or local training is required.

# Will my certificate expire?

Currently, certificates do not have an expiration date, but RMPH reserves the right to revoke certifications if ongoing work no longer reflects the standards of the course. We also offer a Recertification Option for students who want to update or improve their skills over time.

# Is there a digital verification system for certificates?

Yes. All RMPH certificates include a unique certificate ID number and can be verified upon request by employers, clients, or other parties.

To verify a certificate, simply refer them to the Contact Us page on our website, where our support team can assist with validation.

# Can I use my certificate to teach others or start my own course?

No. Certification from RMPH allows you to offer services to clients but does not authorize you to teach or train others using our course materials, techniques, or brand. If you're interested in becoming an educator, we have a separate educator training program available by application only.

# Still have questions?

If you have any additional questions or need further assistance, feel free to reach out to us through the <u>Contact Us</u> page or use the Live Chat feature on our website: <u>www.russianmanicure.ph</u>

We're here to help and support you every step of the way.



Speak with an Enrollment Specialist

**CONTACT US** 

To submit your enrollment application:

**APPLY NOW** 

@russianmanicureph

www.russianmanicure.ph

We aim to respond to your inquiry within 1 to 3 business days.

Please note that responses may take longer during weekends and holidays.